

Protect yourself, your friends and others. Be a safe driver and a smart passenger. Whether you **DRIVE** or whether you **RIDE** ... Remember the **FIVE** tips to survive

- 1. BUCKLE UP! It takes two seconds.
- 2. LIMIT DISTRACTIONS. TURN OFF YOUR CELL and DON'T TEXT. Using your cell phone while driving is the same as driving drunk.
- **3. SLOW DOWN!** Obey posted speed limits. The faster you drive the higher your odds of a fatal crash.
- **4. LIMIT YOUR PASSENGERS.** Each one increases the risk of a fatal crash by 100%.
- **5. FIND YOUR VOICE.** Speak up if you feel unsafe. Save a life yours or your friends'.



Protect your teen, your teen's friends ... and all teens. Whether you **DRIVE** or whether you **RIDE** ... Remember the **FIVE** tips to survive

- L. ENCOURAGE YOUR TEEN TO SPEAK UP in dangerous or unsafe situations.
- 2. TALK early and often to your teens ABOUT DRIVER AND PASSENGER SAFETY.
- **3. SET THE RULES** for when, where and with whom your teen can drive or ride ... and **SET A GOOD EXAMPLE.**
- 4. DON'T RUSH INEXPERIENCED DRIVERS into driving at night or driving in unsafe situations.
- **5. PARENT YOUR TEEN.** Sign a teen-parent driving contract and stick to it.



The number one killer of teens ... is OTHER TEENS. They don't carry guns; they carry car keys.

- Take your responsibilities as a driver and as a passenger seriously.
- Don't let driving or riding in cars with friends lead to DYING in cars with friends.